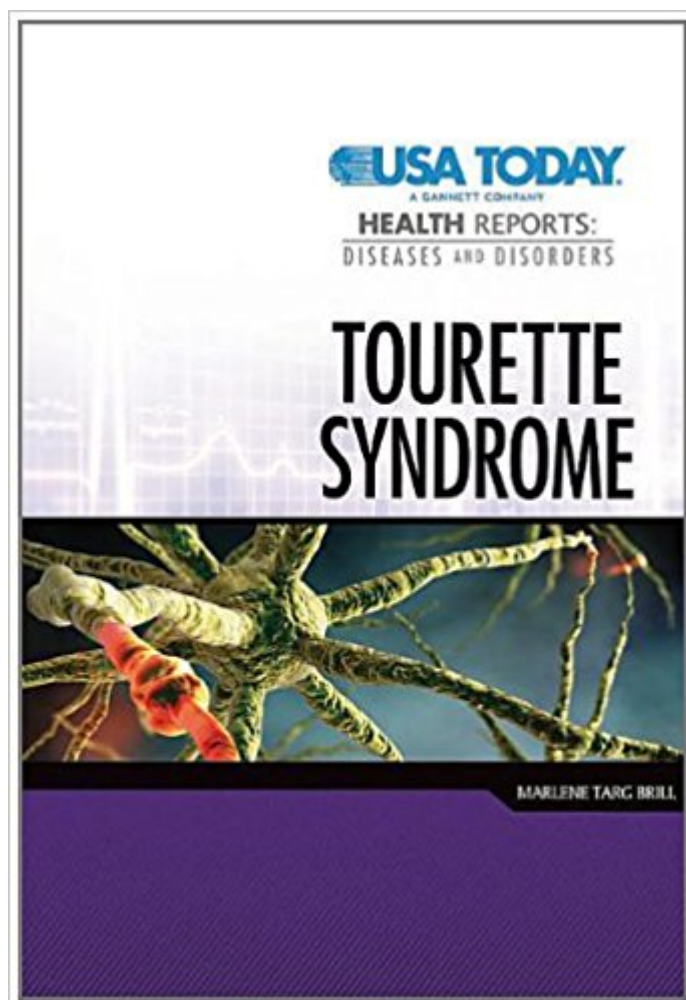


The book was found

Tourette Syndrome (USA Today Health Reports: Diseases And Disorders) (USA Today Health Reports: Diseases & Disorders)



Synopsis

Thousands of young people are diagnosed with Tourette Syndrome (TS) each year. TS is a disorder of the neurological system, causing uncontrollable sounds or movements called tics. TS peaks "when young people are most vulnerable to the challenges of early adolescence," explains psychology professor Douglass Woods in USA TODAY, the Nation's No. 1 Newspaper. Symptoms can make school and everyday life very difficult. The good news is that scientists are gaining understanding of how TS works in the brain. While TS still has no cure, research is leading to more effective treatments. In this book, you'll read the stories of teenagers who struggled with TS and find out how they and their families dealt with the symptoms. You'll learn what causes TS, what can trigger tics, and what treatments can help relieve symptoms. Learning about this disorder is the best way to help yourself, a friend, or a family member live and thrive with TS.

Book Information

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Customer Reviews

Marlene is an award-winning author of almost 70 titles for readers preschool through adult. She began writing while teaching children with disabilities, producing materials to help her students learn. With time, the desire to write grew stronger. Soon she was writing for a variety of formats--magazines, internet, newspapers, scripts, books, and textbooks for readers of all ages. Yet, she never forgets where the dream of writing originated--through work with children. She is drawn back into classrooms to share the wonders of research and writing, and, of course, reading books.

Caroline often got upset when her Tourette syndrome tics were noticeable because she felt "like the odd person, different from everybody." Tourette syndrome, which is commonly called Tourette's syndrome or TS, has been a challenge for her, especially in the school setting. Caroline's odd clicking noises, head jerking, and quirky mouth movements were something she couldn't hide, but eventually she learned to deal with them. People like Caroline who are afflicted with this neurological disorder "make movements and sounds, called tics, that are beyond their control." Tics in school children are not uncommon and it has been estimated that "almost 25 percent of school-aged children display" them. For most children the tics they have are not problematic, but for those like Caroline who have TS they are. When these tics occur, "the brain tells one or more muscles to contract, causing unwanted sounds or movement," sometimes without any warning.

There are two kinds of motor tics, simple and complex. In this book you'll learn the difference between them and will learn about the severity, the frequency of occurrence, and common types of tics. Tourette syndrome is not easily diagnosed because there aren't any specific tests for it nor any "diagnostic guidelines." Once TS is diagnosed, often there is a "greater likelihood of also having something else" such as obsessive compulsive disorder, attention deficit hyperactivity disorder (ADHD), sleep disorders, learning disabilities, or conduct problems, all of which are discussed in this book. You'll also read about the history of Tourette syndrome, recent forays into research, a genetic overview, medications (including those for related disorders), alternative treatments, professional therapy, how families can help (including siblings), how to get help from outside sources, and you'll learn many other interesting facts about TS. This is an excellent overview of Tourette syndrome (TS) and how you can "help yourself, a friend, or family member live and thrive" with it. TS is a disorder that is often misunderstood, one in which people tend to shy away from the afflicted. One sentence that stood out stated: "The most well-known symptom of TS is coprolalic--cursing or saying inappropriate words or phrases," when in fact most people have mild TS. The author does not minimize the seriousness of the disorder, but helps us understand what it is all about from the simple to the scientific point of view. Once a young reader understands TS, the likelihood will be that they will also accept it. There are several stories of teens who discuss their journey with TS and how they've struggled with it. There are numerous informative sidebars, including period USA Today articles, charts, artistic renditions, and photographs. In the back of the book is an index, a glossary, a list of related organizations, source notes, a selected bibliography, and additional recommended book and website resources to explore. They included information for students, siblings, parents, educators, and adult readers. There are complementary educational resources on the publisher's

website. This book courtesy of the publisher.

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